



Womens Raw Submaster 35-39 National Records

Weight Class	Squat	Bench	Deadlift	Total
97				
105				
114				
123				
132				
148				
165				
181				
198	Crystal Atwell 180	Crystal Atwell 140	Crystal Atwell 250	Crystal Atwell 570
198+	Crystal Atwell 250	Crystal Atwell 150	Crystal Atwell 275	Crystal Atwell 675